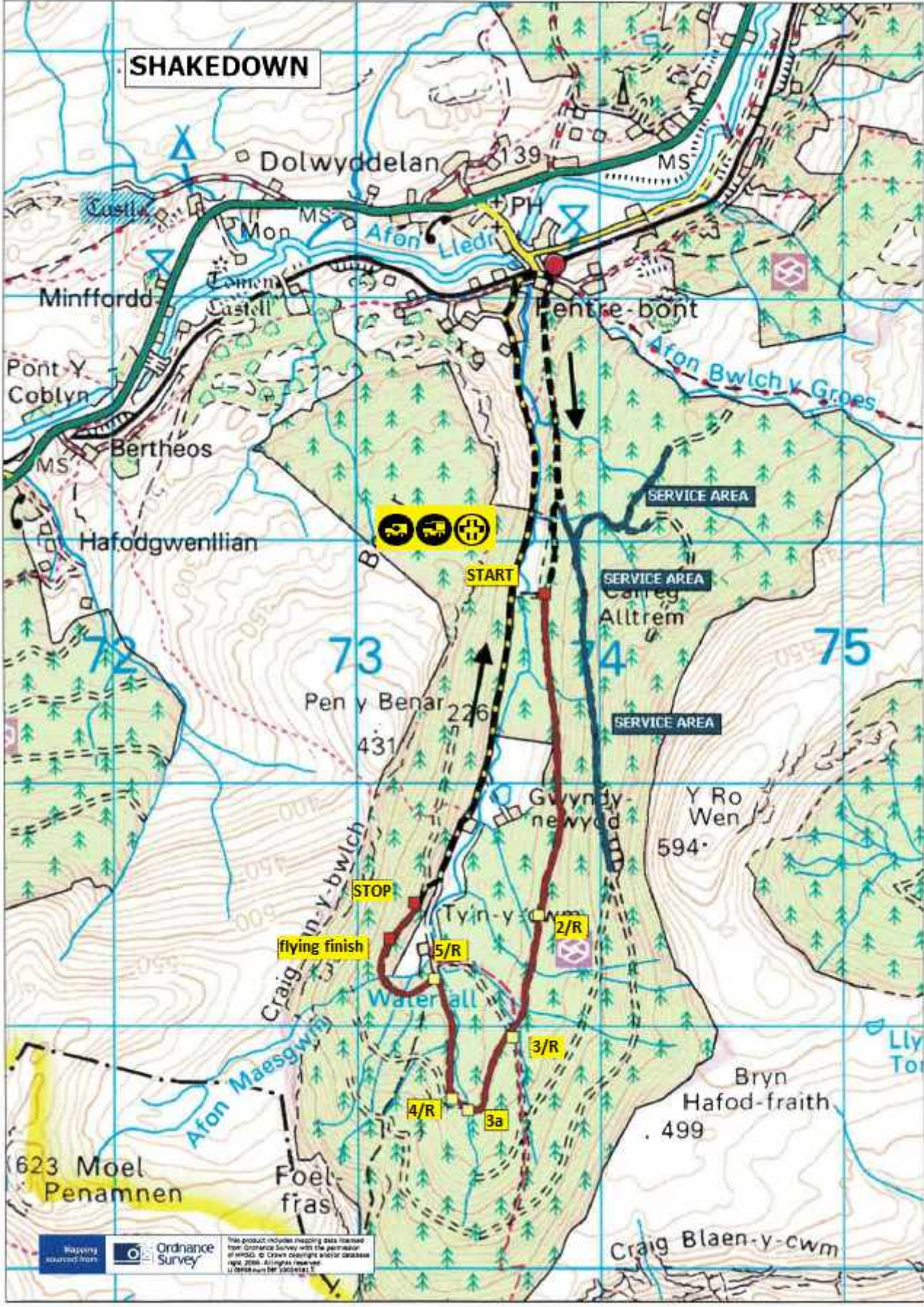


SHAKEDOWN



Dolwyddelan 139

Minffordd

Pentre-bont

Pont y Coblyn

Bertheos

Hafodgwenllian

73

Pen y Benar 226

74

START

SERVICE AREA

75

SERVICE AREA

Y Ro Wen 594

STOP

flying finish

5/R

2/R

3/R

4/R

3a

Bryn Hafod-fraith 499

623 Moel Penamnen

Foelfras

Craig Blaen-y-cwm